



University of Rochester Swimming and Diving Recruiting Weekends

Weekend Choices

September 24-26

October 1-3

October 29-31

WEEKEND ITINERARY

Depending on what time you can arrive (Thursday night or Friday)

THURSDAY

Arrive Thursday between 5-7 pm

7 :00 Dinner & Meet up with Host

FRIDAY

7-8:30 Observe Practice

9-11 Attend Classes

11-12 Meeting with Coaches

12-1 Lunch with Team

**1-3 Admissions, Tour of Campus,
and Information Session**

3-4 Fun and Games with the Team

4-6 Observe Practice

**6-? Dinner & Spending time with
Team**

SATURDAY

Depending on Travel Schedule

**Attend athletic events (football,
soccer or swimming)**



Please Respond with which weekend you would like to attend by returning this slip to:

University of Rochester
Athletics & Recreation Dept.
Head Diving Coach
P.O. Box 23029
Rochester, NY 14692-9804

Or by e-mail to: Gbrandes@sports.rochester.edu

Name _____

Anticipated Major or areas of interest _____

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